

## Comparing the Various Wellness Coach Certifications

<u>Organization</u>	<u>Time Involved</u>	<u>Face to Face Option</u>	<u>Online Option</u>	<u>ICHWC</u>	<u>FSBPT/ACSM/URAC</u>
<b>Health Coach Institute</b>	6 months	No	Yes	No	None
<b>Dr. Sears Wellness Inst</b>	3 months	No	Yes	Yes	ACSM
<b>Catalyst Coaching Institute</b>	2-4 months	Yes	Yes	Yes	FSBPT & ACSM with URAC Affiliation
<b>IAWP Wellness Coaching</b>	6 months	No	Yes	No	None
<b>Integrative Nutrition</b>	6 months	No	Yes	No	None
<b>Wellcoaches</b>	9 months	Yes	Yes	Yes	NATA and ACSM
<b>ACE</b>	Weekend	No	Yes	No	ACSM
<b>Intrinsic Solutions</b>	6 months	No	Yes	No	None